**Values - Cycle B**

Assemblies will lead on a theme each month alongside the SEAL themes and related stories from the Bible.

| **Month** | **Value** | **Meaning** | **SEAL link for PHSCE** |
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| **September** | **Belonging** | **Belonging** means that people accept me for who I am. I belong in my family, school and to God. | New Beginnings |
| **October** | **Care** | **Caring** means we look after our pets, friends and family and those who are in need. We show that we care through our words and our actions. | Getting on and falling out |
| **November** | **Courage** | **Courage** means facing our fears. It does not mean that we are never afraid. It takes courage to stand up for what is right and to overcome difficulties. | Say no to bullying |
| **December** | **Love** | **Love** is unconditional and selfless. It means taking pleasure in another person’s happiness and well- being. |  |
| **January** | **Forgiveness** | **Forgiveness** means showing genuine compassion for those who have wronged us, instead of allowing ourselves to be angry or upset by their actions. | Getting on and falling out |
| **February** | **Trust** | If you are **trust** worthy you can be relied upon to do the right thing. Putting trust in someone or God requires courage and faith. |  |
| **March** | **Loyalty** | Being **loyal** means doing the right thing for your friend ( even if you have to break a confidence you do it for the good of your friend and not out of malice) | Relationships |
| **April** | **Resilience** | **Resilience** means perseverance, no matter what difficulties you face ‘just keep on trying’. |  |
| **May** | **Joy** | **Joy** is the feeling of great pleasure or happiness. |  |
| **June** | **Compassion** | **Compassion** is a feeling that you may have for someone who is in trouble. You feel pity or sympathy for them. |  |
| **July** | **Hope** | **Hope** is being optimistic. ‘Out of hope grows the possibility of a better life’. | Changes |